

# Effect of bruxism-simulated dynamic loading on debonding of occlusal veneers analyzed by acoustic emission

under the supervision of:

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# Statement of the problem

- **lack of data regarding the most suitable prosthetic treatment for excessive tooth loss associated with bruxism**
- **clinical decisions are based on dentist's preference, experience or materials availability**

# Aim of the study

The aim of this in vitro study was to analyze the effect of bruxism-simulated dynamic loading, using acoustic emission testing, on the debonding of occlusal veneers fabricated from three CAD/CAM materials:

- ❖ IPS e.max CAD
- ❖ Vita Enamic
- ❖ Bruxzir

# Materials & Methods

## Sample grouping



### Lithium disilicate

IPS e.max CAD

flexural str.= 360 MPa



### Hybrid ceramic

Vita Enamic

flexural str.= 160 MPa



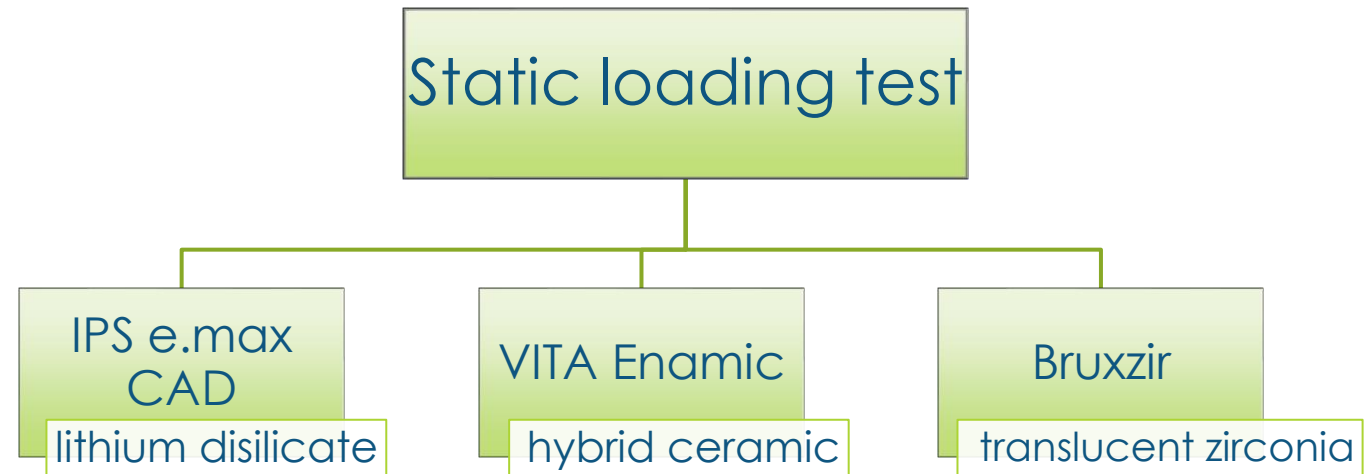
### Translucent zirconia

Bruxzir

flexural str.= 650 MPa

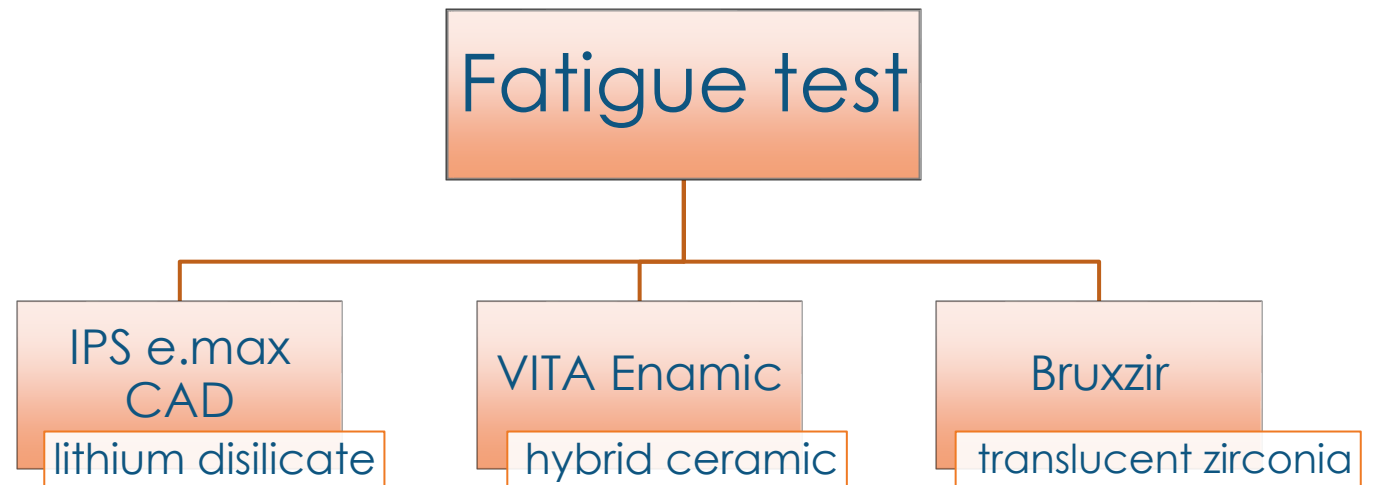
# Materials & Methods

## Sample grouping



# Sample grouping

## Materials & Methods



# Teeth preparation

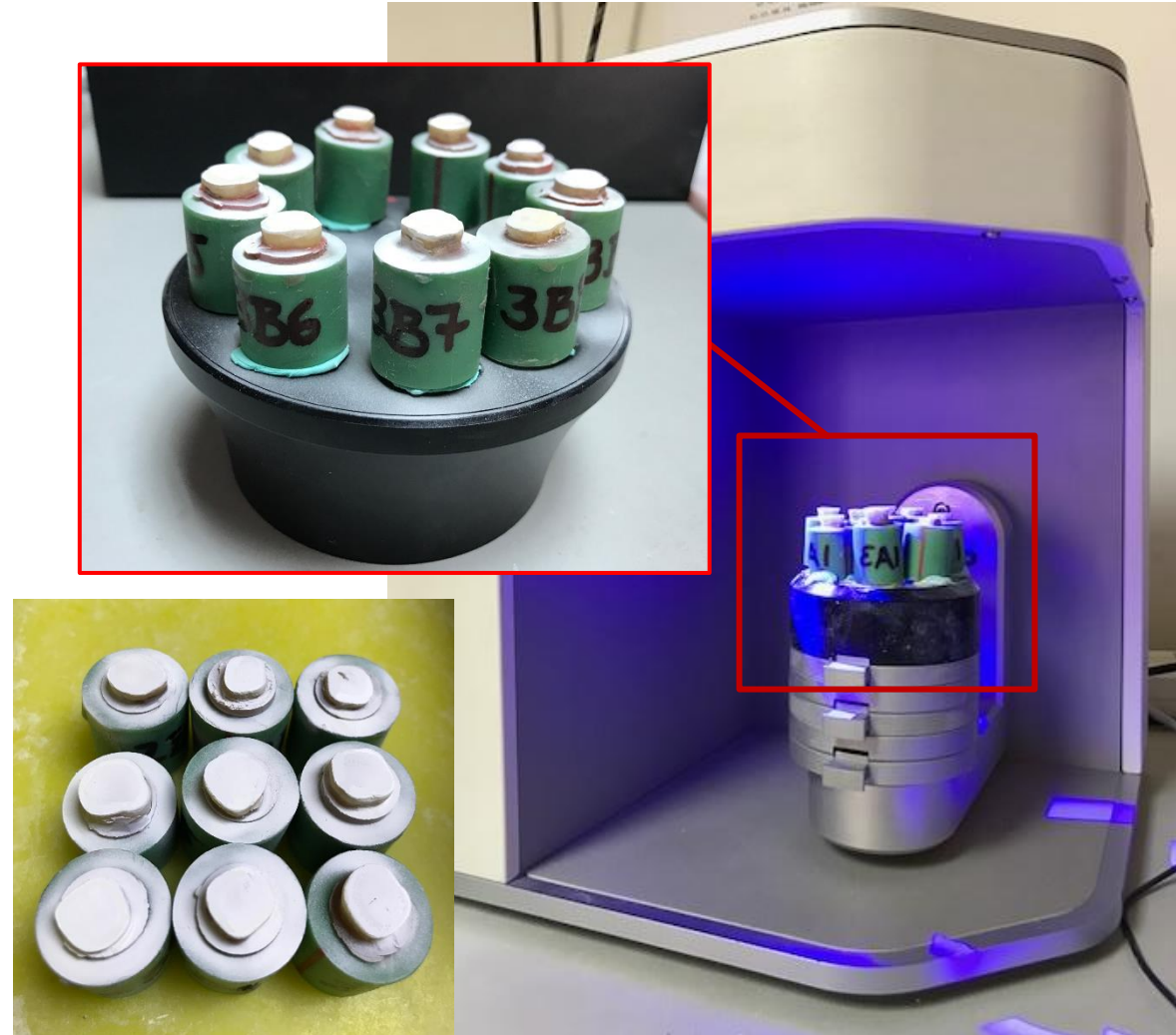
Materials &  
Methods





# Materials & Methods

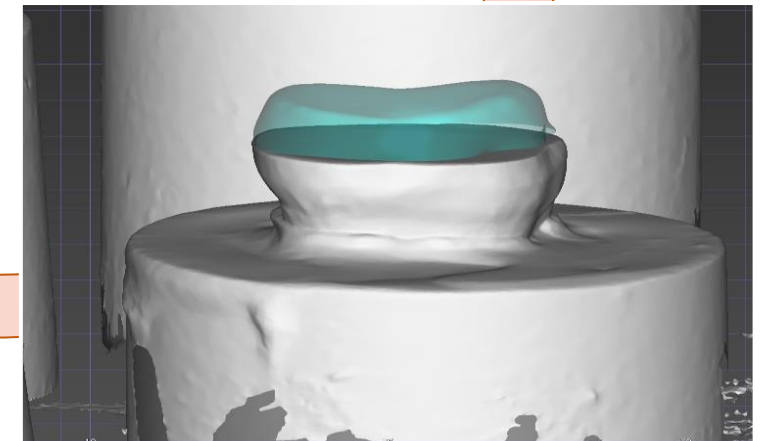
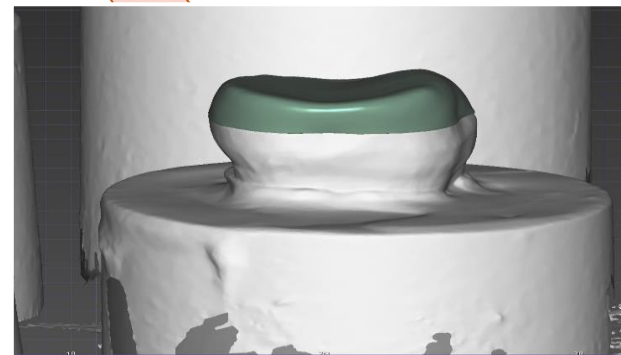
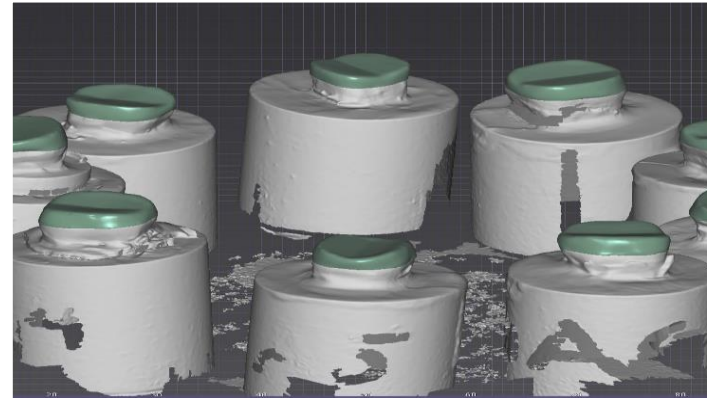
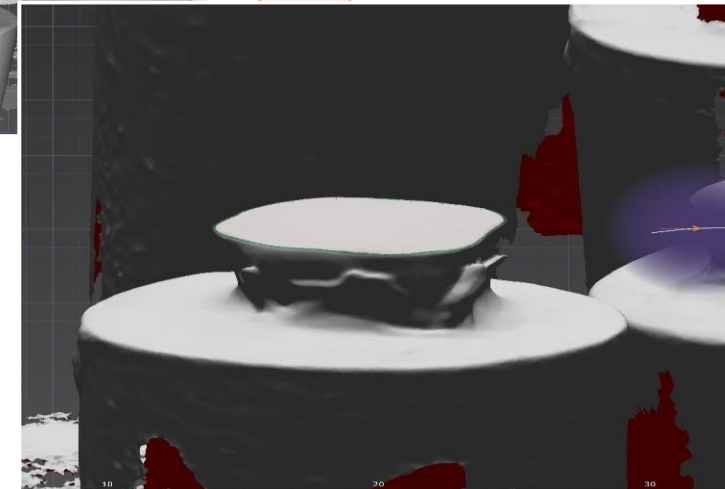
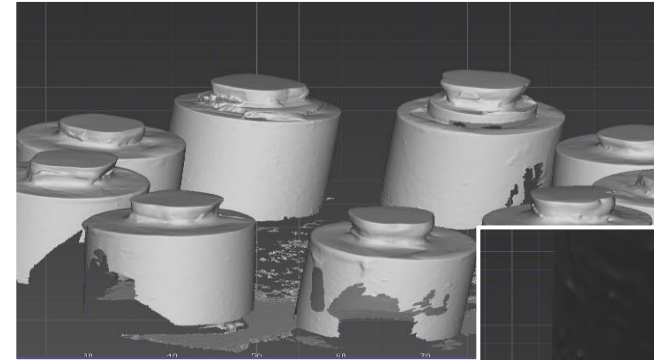
## Occlusal veneer fabrication





# Occlusal veneer fabrication

Materials &  
Methods



# Materials & Methods

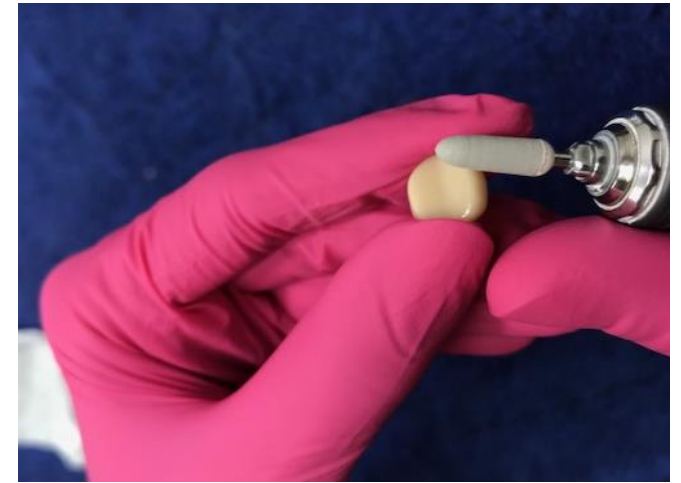
## Occlusal veneer fabrication



IPS e.max CAD occlusal veneers before and after crystallization

# Materials & Methods

## Occlusal veneer fabrication

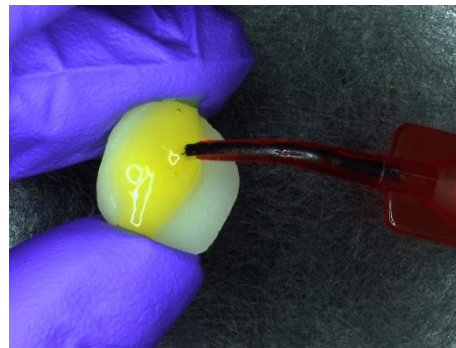


Vita Enamic occlusal veneers during polishing

# Materials & Methods

## Surface treatment

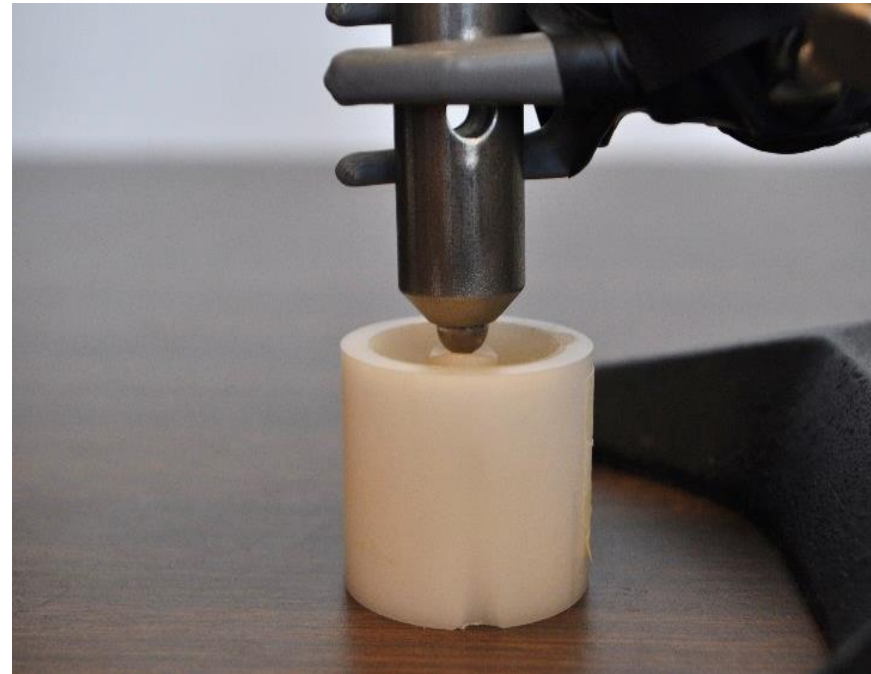
- **IPS e.max CAD:** 20 sec HF acid etching & silanization
- **Vita Enamic:** 60 sec HF acid etching & silanization
- **Bruxzir:** sandblasting





# Materials & Methods

## Cementation of occlusal veneers



Customized loading apparatus

# Materials & Methods

## Loading

30 samples



Static loading test

- static lateral loading

30 samples



Fatigue test

### **Bruxism-simulation:**

- chewing simulation
- cyclic lateral loading  
(accelerated fatigue)

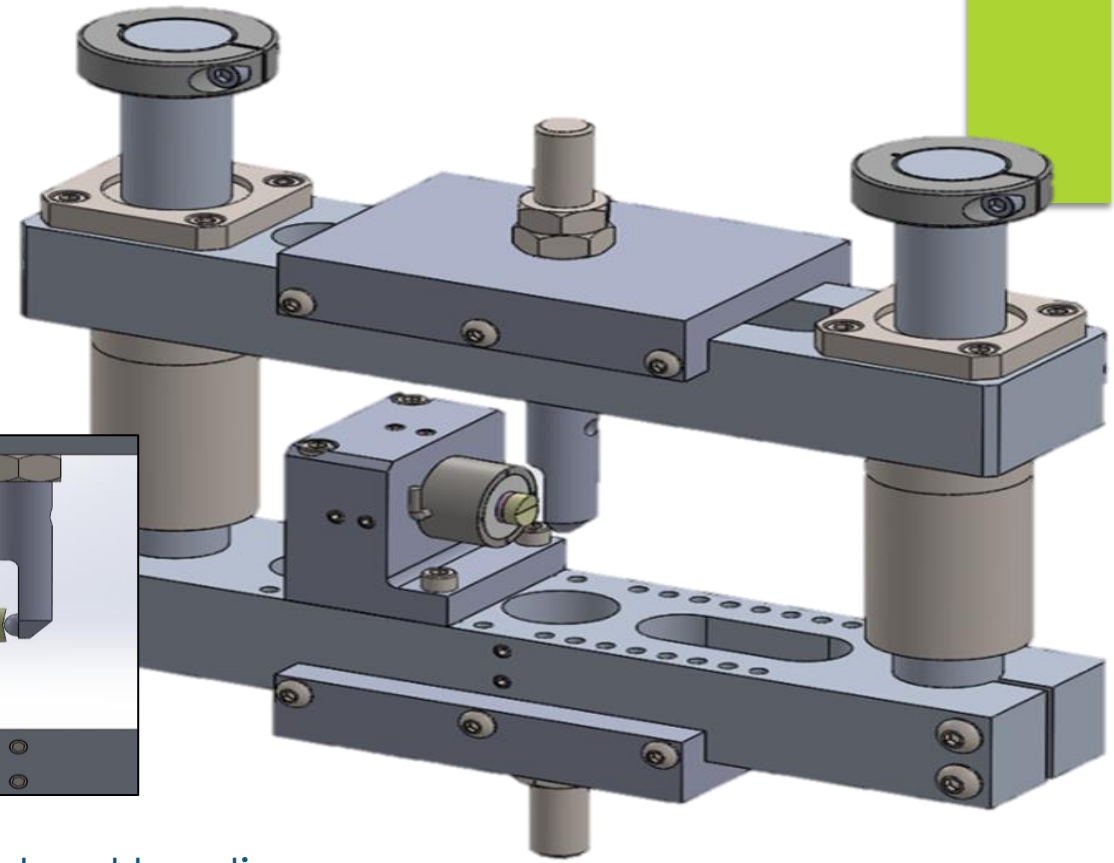
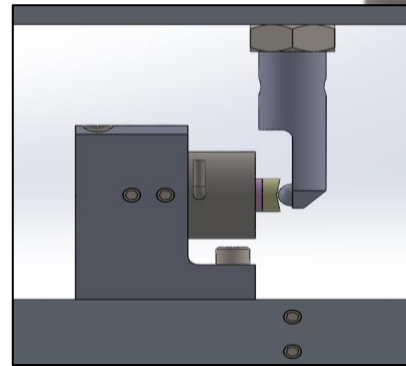
# Materials & Methods



- chewing simulation



# Materials & Methods

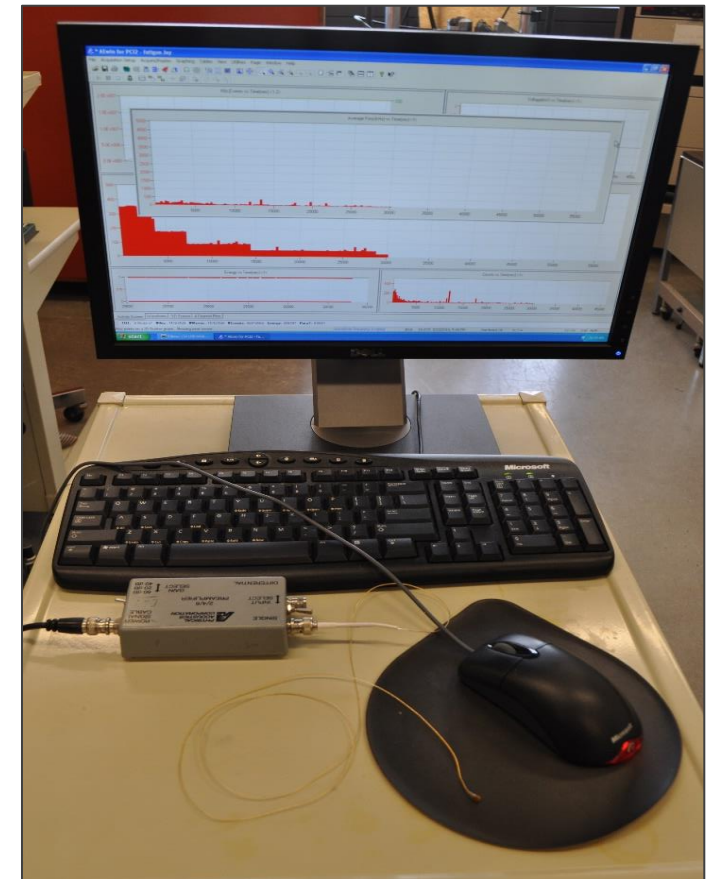


- static lateral loading

- cyclic lateral loading  
(accelerated fatigue)

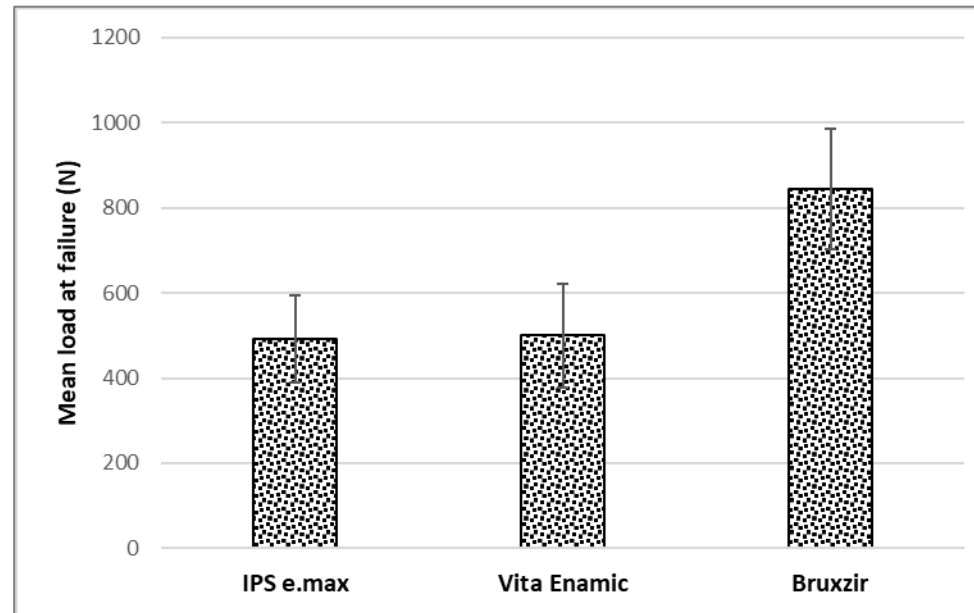
# Materials & Methods

## Acoustic emission testing



# Results

## Static loading test results

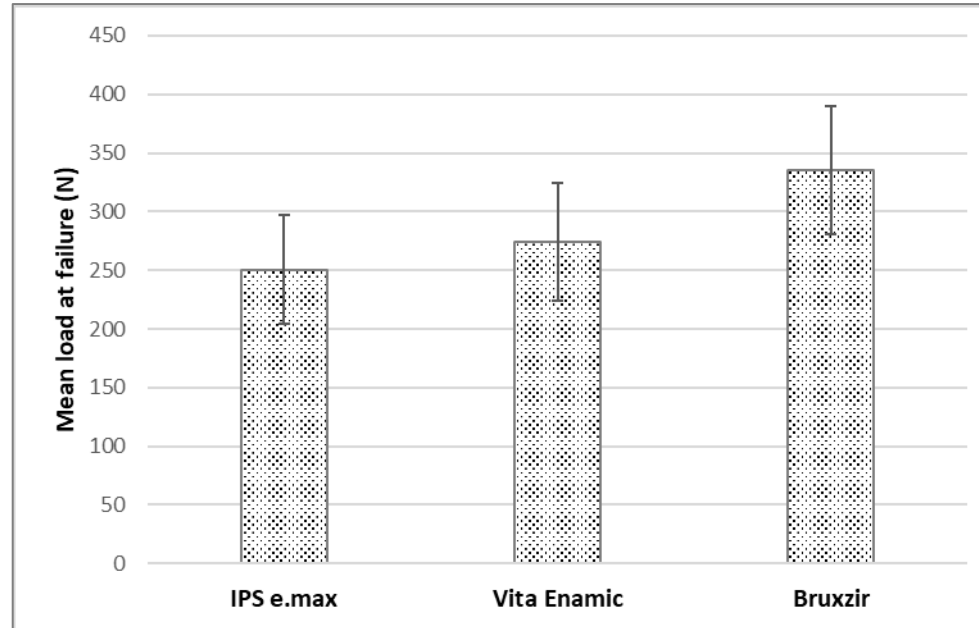


Mean and SD of load at failure in the static loading test

	Mean	Std. deviation	p-value
<b>IPS e.max</b>	493.2105	102.2413	2.97E-15
<b>Vita Enamic</b>	499.5789	123.1247	
<b>Bruxzir</b>	843.1111	141.4916	
<b>IPS e.max * Vita Enamic</b>			0.863268
<b>Vita Enamic * Bruxzir</b>			1.58E-11
<b>Bruxzir * IPS e.max CAD</b>			5.02E-13

# Results

## Fatigue test results

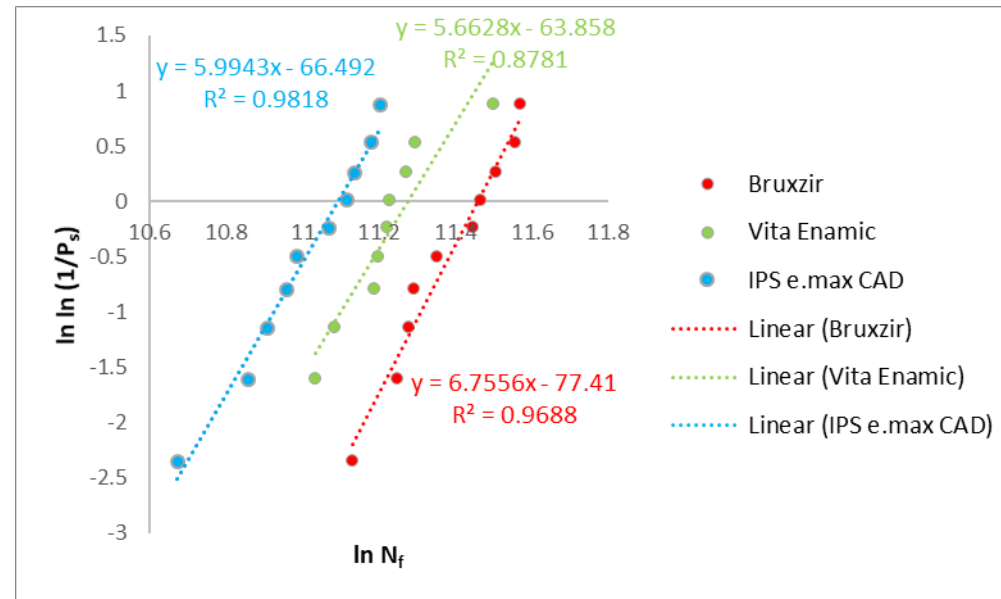


Mean and SD of load at failure in the static loading test

	Load			Number of cycles		
	Mean	SD	p-value	Mean	SD	p-value
<b>IPS e.max</b>	250.70	46.13	0.008835	61200	9598	0.001139
<b>Vita Enamic</b>	274.10	50.29		72072	15069	
<b>Bruxzir</b>	335.30	55.00		88848	12707	
<b>IPS e.max CAD * Vita Enamic</b>			0.29253			0.07028
<b>Vita Enamic * Bruxzir</b>			0.01822			0.01492
<b>Bruxzir * IPS e.max CAD</b>			0.00154			3.255E-05

# Results

## Weibull statistical analysis



Weibull distribution of the fatigue test results

# Weibull statistical analysis

Weibull modulus for fatigue



Weibull parameters

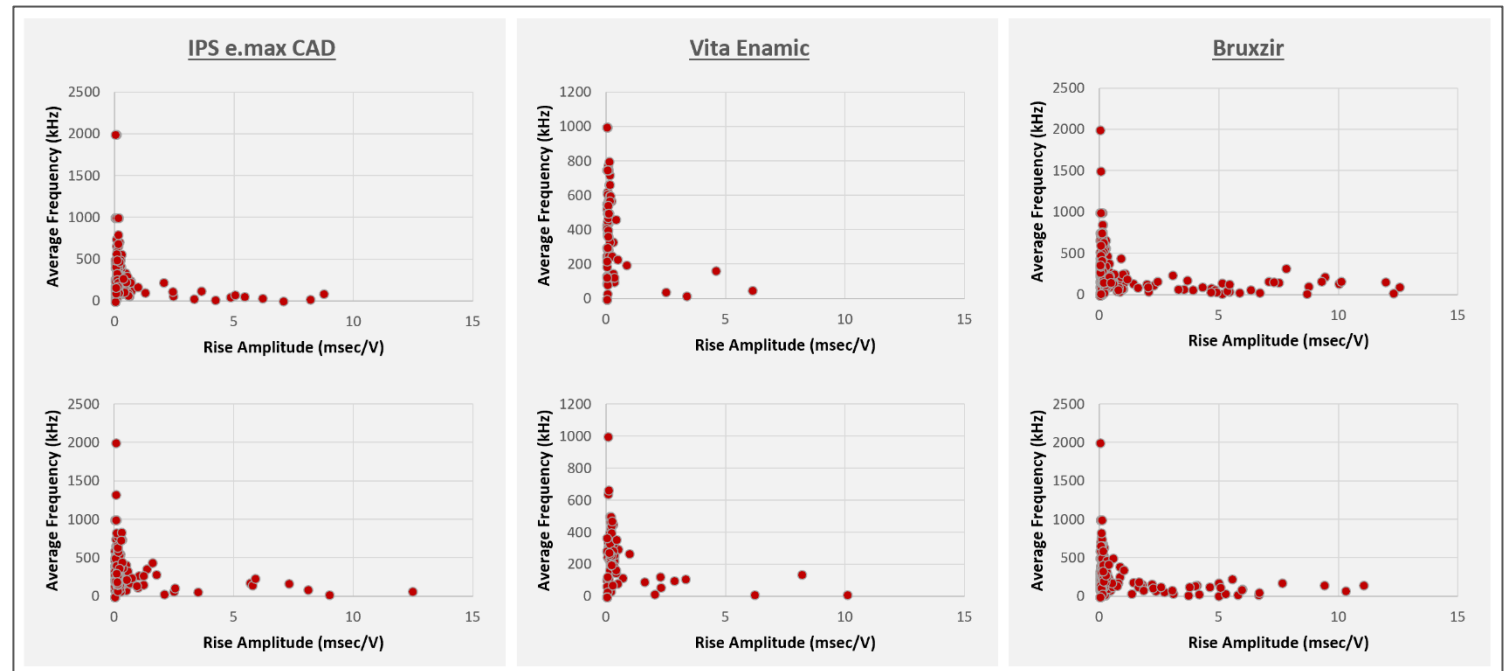
	$k$ (N)	$\alpha$	$m$	$\mu$	$\beta$	$\sigma_0$	$R$
<b>IPS e.max CAD</b>	0.0078	1	4.45	1.21	3.677686	543.9604	7270.671
<b>Vita Enamic</b>	0.0078	1	4.28	1.38	3.101449	549.17	703891.3
<b>Bruxzir</b>	0.0078	1	5.62	1.14	4.929825	909.75	135244.8

$\mu$  Weibull modulus for cyclic fatigue test  
 $m$  Weibull modulus for static fracture test  
 $\alpha$  constant (acceleration)  
 $k$  constant (load increase per cycle)  
 $\sigma_0$  material's characteristic strength  
 $R$  constant (needs to be determined)

## Results

# Results

## Acoustic emission testing (static loading test)

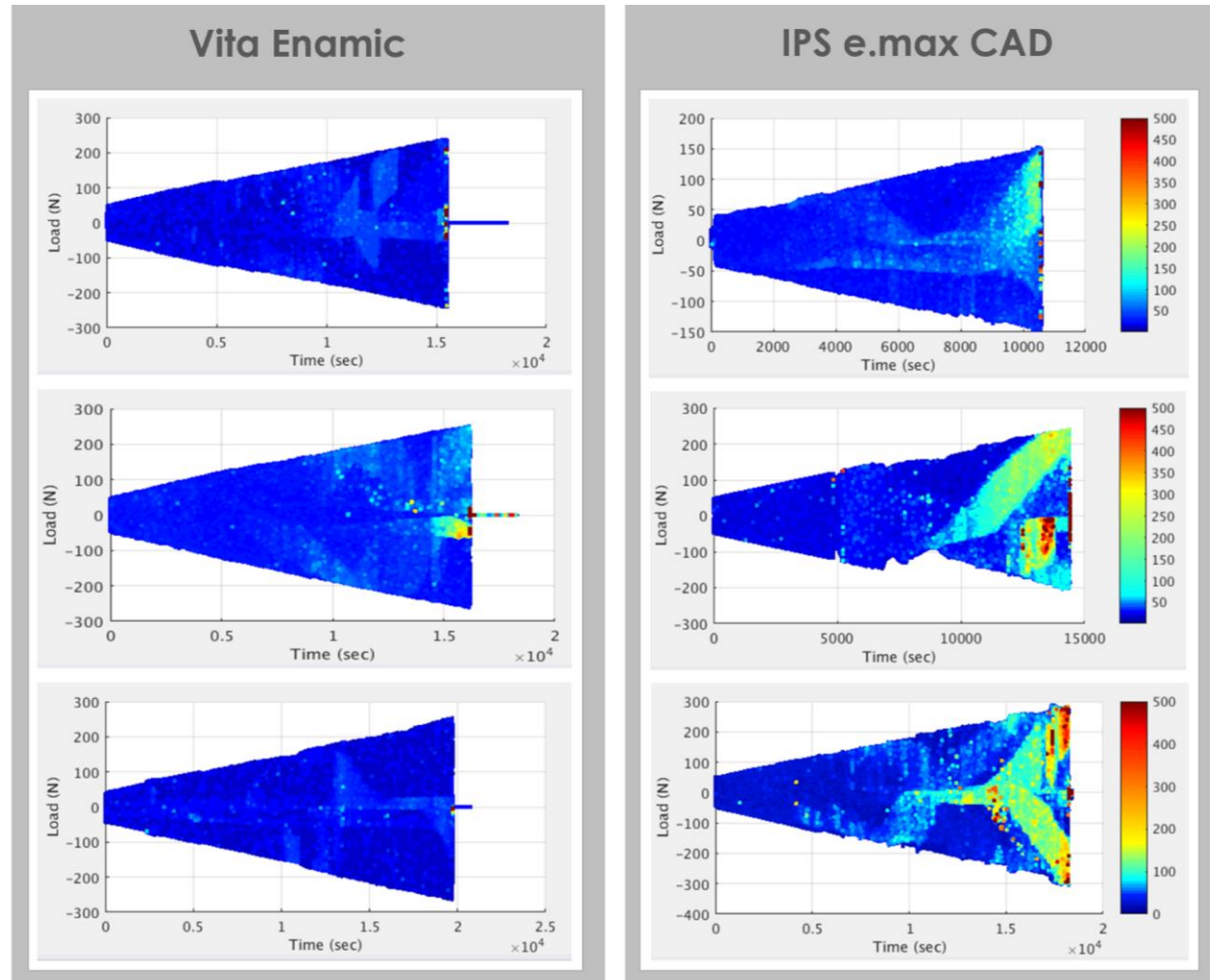


Average frequency vs. rise amplitude plots showing more distribution of signals along the x-axis in debonded samples: Bruxzir samples and more distribution of signals along the y-axis in fractured samples: Vita Enamic more than IPS e.max CAD



# Results

## Acoustic emission testing (fatigue test)





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## Load capacity of occlusal veneers of different restorative CAD/CAM materials under lateral static loading

Hadiel Zamzam<sup>a,\*</sup>, Antonio Olivares<sup>b</sup>, Alex Fok<sup>b</sup><sup>a</sup> Prosthodontic Department, National Research Center, Dokki, 12622, Cairo, Egypt<sup>b</sup> Minnesota Dental Research Center for Biomaterials and Biomechanics, School of Dentistry, University of Minnesota, 16-212 Moos Health Science Tower, 515 Delaware Street S.E., Minneapolis, MN, 55455, USA

### ARTICLE INFO

#### Keywords:

Occlusal veneers  
Lateral loading  
Finite element analysis  
Weibull modulus  
CAD/CAM materials  
Debonding

### ABSTRACT

**Objective:** The aim of this in vitro study was to analyze the failure of occlusal veneers made of three different restorative CAD/CAM materials under lateral static loading.

**Materials and methods:** Sixty standardized semi-anatomical occlusal veneers were fabricated on natural lower molars from three different CAD/CAM materials: hybrid ceramic (Vita Enamic), lithium disilicate (IPS e. max CAD) and translucent zirconia (Bruxzir). The specimens were mechanically loaded by a custom-made device attached to a universal testing machine (MTS 858 Mini Bionix II, MN, USA). Static lateral loading was applied on the buccal cusp of the occlusal veneer until failure. Failure loads were recorded, and the types of failure noted for each group. 3D finite element (FE) models simulating the actual test set-up were further employed to evaluate the stresses within the tooth-restoration complex to help interpret the experimental results.

**Results:** Occlusal veneers made from zirconia recorded a significantly higher mean failure load ( $843.1 \pm 141.5$  N) than specimens of the other two materials ( $p < 0.05$ ). There was no statistically significant difference between the lithium disilicate ( $493.21 \pm 102.24$  N) and the hybrid ceramic ( $499.6 \pm 123.1$  N) groups ( $p = 0.863$ ). 74% of the hybrid ceramic and 84% of the lithium disilicate specimens showed veneer fracture, whereas 78% of the zirconia veneers showed debonding. Comparison of the FE-predicted stresses with the different failure strengths corroborated with the experimental results.

**Conclusion:** Lateral loading caused failure of occlusal veneers at loads significantly lower than those reported for axial loading. Among the materials tested, zirconia veneers showed the highest resistance to failure, with the main failure mode being debonding under lateral loading. The other two material groups failed mainly by veneer fracture at lower loads.

### 1. Introduction

The development of computer-aided design and computer-aided manufacturing (CAD/CAM) technology, high-strength ceramics, reliable cementation materials, as well as refined bonding techniques have facilitated the production and application of strong and thin dental restorations (Beuer et al., 2008; Tinschert et al., 2001). Occlusal veneers are one of the treatment modalities that have evolved to preserve sound tooth structure and to achieve optimum adhesion. These extra-coronal restorations require simple tooth preparations mainly driven by inter-occlusal clearance and anatomical considerations. Together with their ease of fabrication, their indications have expanded to include the restoration of lost tooth structure in cases of advanced erosion and

severe attrition caused by bruxism, and the management of oral rehabilitation cases with lost functional occlusion (Vailati and Belser, 2008).

As new CAD/CAM blocks are introduced to the market, the debate about the best restorative material to use for indirect restorations continues. Lithium disilicate had been considered the strongest glass ceramic before the introduction of zirconia-reinforced lithium silicate. Over the years, the former has shown predictable and successful results for the restoration of anterior and posterior teeth (Fabbri et al., 2014). However, a high flexural strength does not necessarily mean high damage tolerance. Occlusal veneers made of a CAD/CAM composite showed higher resistance to fracture under cyclic isometric loading compared to two CAD/CAM glass ceramics (Magne et al., 2010; Schlichting et al., 2011). Also, monolithic posterior crowns fabricated

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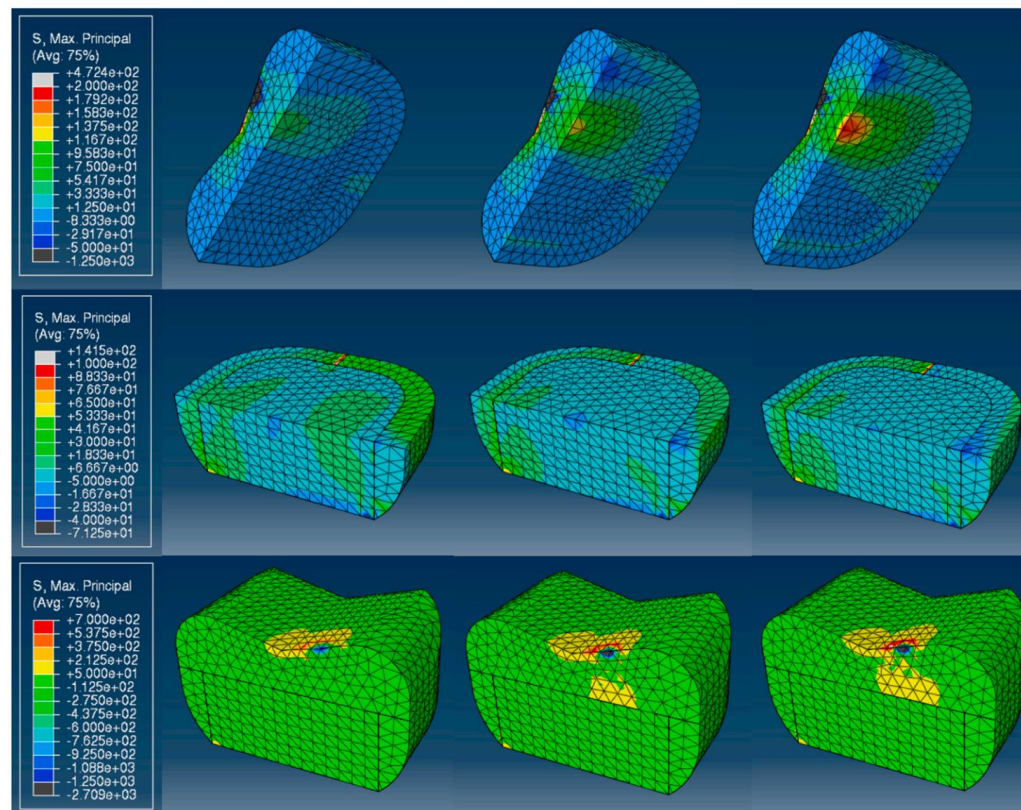
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severe attrition caused by bruxism, a habit characterized by tooth wear and ablation cases with lost functional occlusion.

As new CAD/CAM blocks are introduced, the choice of material for the best restorative material to use becomes more complex. Lithium disilicate had been the most popular ceramic before the introduction of zirconia. Over the years, the former has shown to be a good choice for the restoration of anterior and posterior teeth. However, a high flexural strength and fracture toughness damage tolerance. Occlusal veneers made from zirconia showed higher resistance to fracture compared to two CAD/CAM glass ceramic materials (Schlichting et al., 2011). Also, mono-



**Fig. 11.** Results from FEA of models with the hybrid ceramic (left), the lithium disilicate (middle) and the zirconia (right) veneers showing the maximum principal stress (MPa) distributions on the intaglio surface of the veneer (1st row), on the tooth surface (2nd row) and on the occlusal surface (3rd row) at 500 N.

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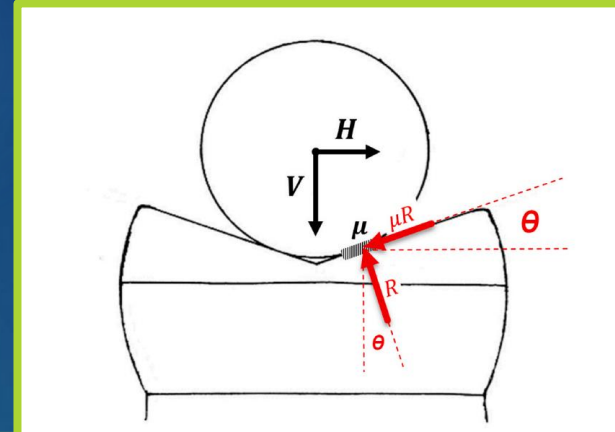


Fig. 4. Sketch showing vertical ( $V$ ) and horizontal ( $H$ ) force vectors in relation to the normal reaction ( $R$ ) and tangential frictional force ( $\mu R$ ) via the coefficient of friction ( $\mu$ ) on veneer restoration with an angle of inclination ( $\theta$ ).

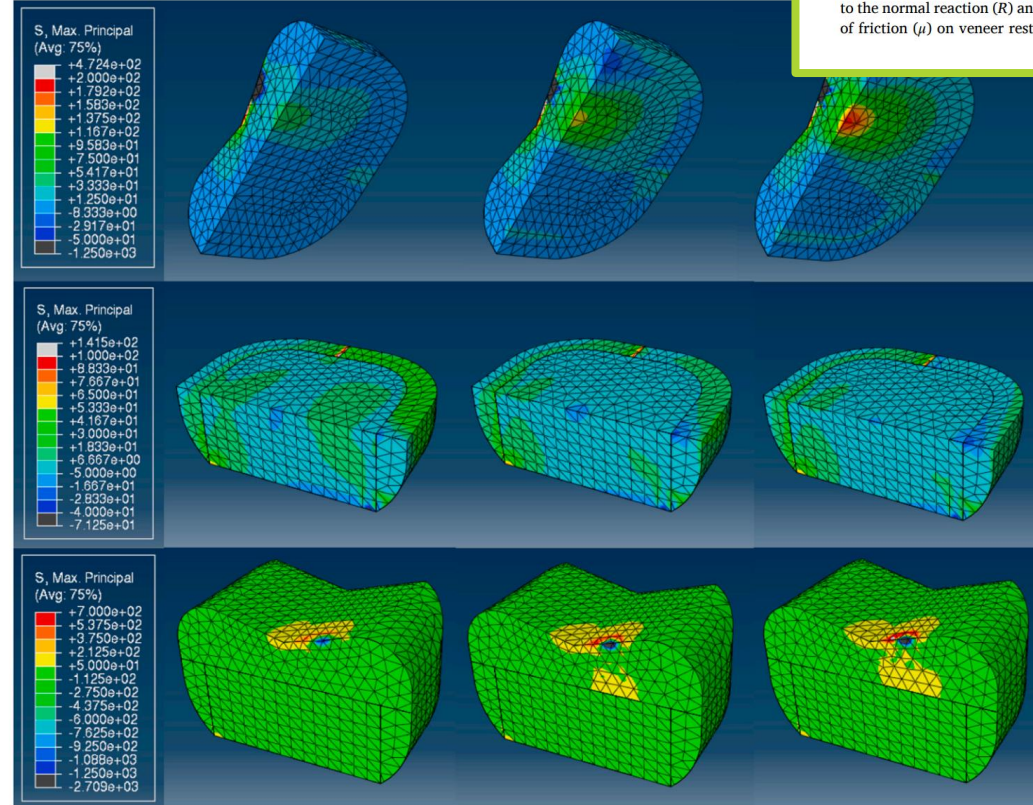


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**Results:** Occlusal veneers made from zirconia revealed higher load capacity than specimens of the other two materials (p < 0.05). The maximum load for the lithium disilicate (493.21 ± 102.24 N) and for the hybrid ceramic and 84% of the lithium disilicate zirconia veneers showed debonding. Comparison of the results was corroborated with the experimental results.  
**Conclusion:** Lateral loading caused failure of occlusal veneers. Among the materials tested, zirconia showed the highest load capacity. The main failure mode being debonding under lateral loading at lower loads.

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severe attrition. In cases of severe attrition, the use of veneers is a viable option. As new ceramic materials are developed, the use of veneers about the buccal cusp is becoming more common. Lithium disilicate ceramic veneers have been used for many years. Over the years, the use of veneers for the restoration of the buccal cusp has become more common. However, a damage tolerance approach is needed for the restoration. It is shown that the use of ceramic veneers showed high load capacity compared to other materials (Schlichting et al., 2019).

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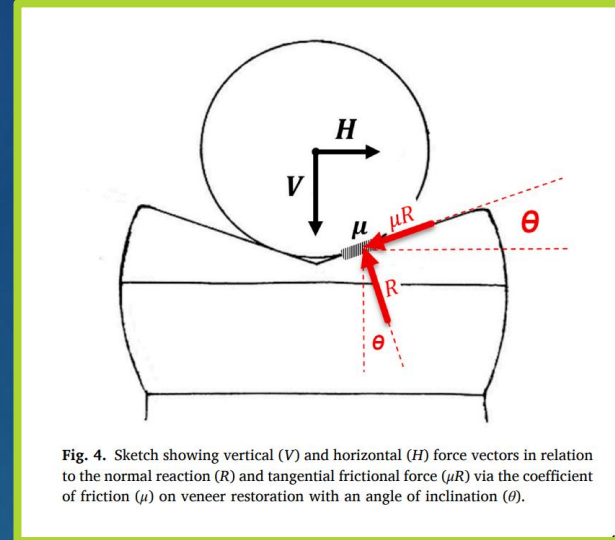


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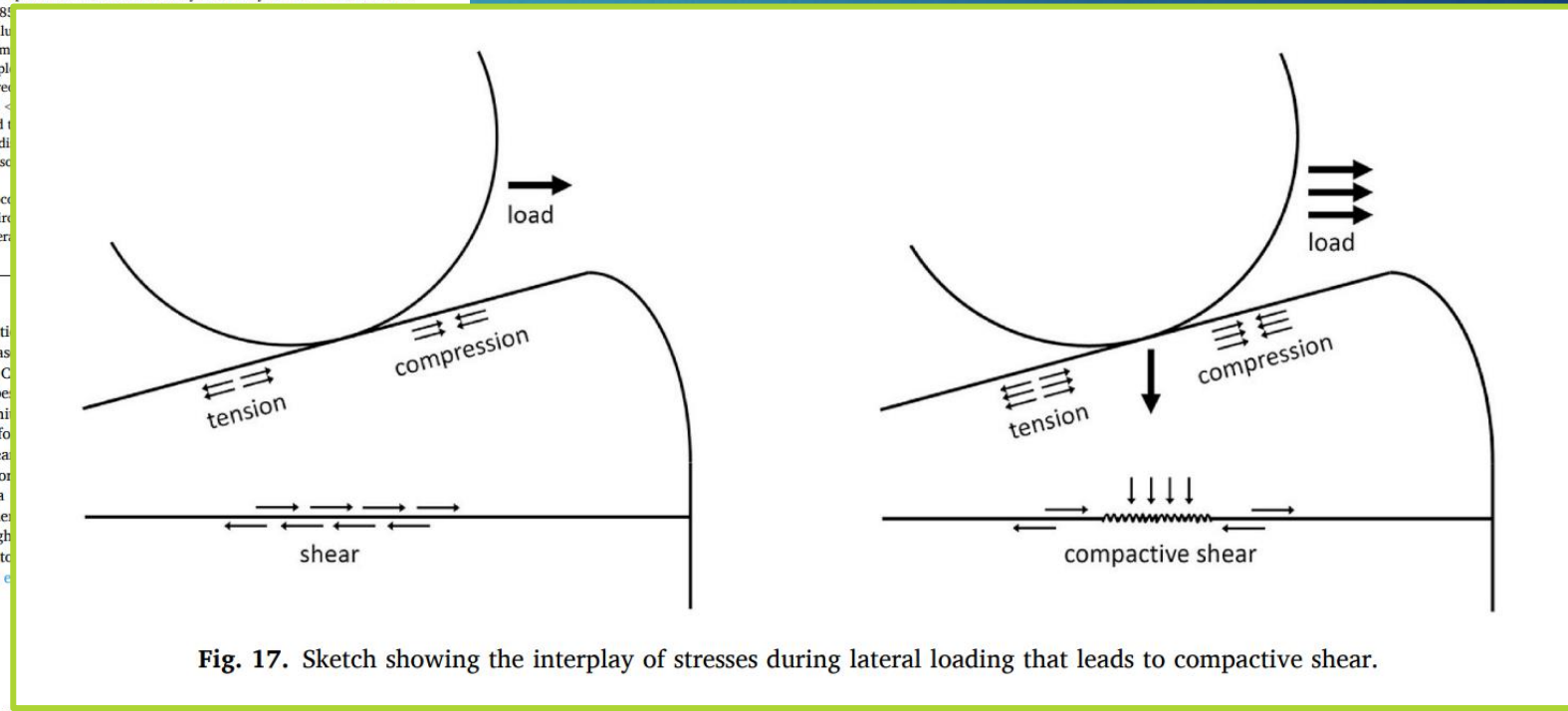


Fig. 17. Sketch showing the interplay of stresses during lateral loading that leads to compactive shear.







Thank you